Are You Comparing or Are You Celebrating?

o you need a reason to celebrate? We often compare ourselves with others for no reason but need a reason to cel-

ebrate.

When you celebrate only the significant milestones, you deprive yourself of so much of joy, abundance, and manifestations. You may be aware of the Law of Manifestation; what you focus on is what you manifest.

The object of your constant focus will manifest in your life, irrespective of whether it is positive or not. If you celebrate every little experience in your life, you fill yourself with cel-

ebrations. The more you celebrate, the more celebrations you will attract in your life.

We live in a three-dimensional world consciously and unconsciously, copying and comparing ourselves with benchmarks no one knows who has set up.

Everyone is running in this rat race with little time to pause and reflect. The downside of this rat race is a more complex and complicated life, undermining the strength of its simplicity. We forget to acknowledge the small, simple, and sweet gifts of life.

Unless we achieve the big tenders,



WHEN A CELEBRATION IS ONLY FOR AN EVENT, THEN IT BECOMES A TEMPORARY CELEBRATION. HOWEVER, WHEN THE CELEBRATION IS ABOUT ENJOYING EVERY STEP YOU TAKE AND FLOW WITH THE EXPERIENCE, THEN THE DESTINATION OR OUTCOME DOES NOT HOLD THAT MUCH POWER

dream houses, dream cars, we shy away from the celebration. Our legs that aid in our mobility, our healthy body that houses our spirit, and all the relationships we have are in themselves important reasons to celebrate.

The clean air, clean water, and clean

food we consume are a reason to celebrate. But sadly, we take those aspects for granted, till they are taken away from us, and then we miss them.

How often do we pause to acknowledge what we have? Again, the more we recognize what is vital for our existence, the more blessed we will be with those aspects of life, for we invoke the Law of Attraction. This powerful law of the

> Universe works on unbiased mirroring back to you what you intensely project. You strive for something; you achieve it, and it gives you momentary happiness, and you chase another significant milestone again. What happens between the two achievements?

> When a celebration is only for an event, you quantify it with a value; then it becomes a temporary celebration coupled with fear of losing it. However, when the celebration is about enjoying every step you take and flow with the experience, then the destination or outcome does not hold that much power.

> We compare with others because we focus on celebrating the result, the target, and not the process. There is so much learning while

> > walking the path; when that learning becomes a celebration, you do not hold yourself back to celebrate only for the desired outcome.

ENCE, Your comparisons become healthy and inspiring. You look at others to learn from their journey and not feel threatened by their success and pace.

When you celebrate the journey, the destination is only a number. Your life becomes a celebration for yourself and an inspiration for others.

The writer is an author and Inner Growth Mentor